

PROGRAMME

METRO UNBOXED



13 September - 2 October 2017

On the „Dreieck Reuterkaserne“ (Reuterkaserne Triangle),
directly adjacent to Burgplatz,
open daily from 9 am, entrance free

**Cooking Events,
Discussions & Live
Performances**



SHOWCOOKING

SVEN WUSSOW



Cooking with the right herbs is an art: which herbs best suit certain dishes and what is the ideal quantity? METRO chef Sven Wussow reveals the

most interesting secrets about herbs and invites his guests to experience them with all of their senses.

Wednesday | 13 September 1:00-5:00 pm | FORUM

KARL ROMBOY



Karl Romboy is not only the owner and chef of „Karl's Restaurant“ in Düsseldorf, he is also the initiator of „Düsseldorf's Local Heroes“ – an initiative of Düsseldorf chefs, who have

written a book with their favourite recipes, the entire proceeds of which are being passed on to four charities in the city.

Thursday | 14 September 2:00-6:00 pm | FORUM
Monday | 18 September 2:00-6:00 pm | FORUM

TIM TEGTMEIER



From an early age Tim Tegtmeier was making a name for himself in the worlds of pâtisserie and confectionery. As head pâtissier in the 3-star

restaurant „Vendôme“ he was able to learn all the skills required in order to realise his own project: a stand on Düsseldorf's Carlsplatz with a range of delicacies for customers with a sweet tooth.

Friday | 15 September 2:00-6:00 pm | FORUM

PATRIK JAROS



According to an EU study, nowadays 70 percent of all food is wasted. Not only along the supply chain from field to retail outlet, but above all in private households.

Patrik Jaros, President of Bocuse d'Or Germany, cooks everything – from the root to the leaf – and shows how everyone can avoid and reduce food waste while cooking. Here's a chance to

enjoy some small „no food waste“ delicacies and join the „food rescue“ community!!

Tuesday | 19 September 10:30-11:30 am
4:00-5:00 pm | FORUM

JOÃO OLIVEIRA

João Oliveira is head chef in the „Vista“ restaurant, the restaurant of the Bela Vista Hotel & Spa in the Algarve. In the METRO unboxed show kitchen he will be preparing a dish with black mullet, an extremely rare and almost unknown fish. He will also be treating his guests to moray eels and clams.



Friday | 22 September 2:00-3:00 pm | FORUM

ANTÓNIO GALAPITO

António Galapito worked with Nuno Mendes in the „Taberna do Mercado“ in London. António's father runs a restaurant which is very famous for its roast suckling pigs. Following the family tradition, António will demonstrate a modern method of cooking this typical product.



Friday | 22 September 3:00-4:00 pm | FORUM

ROBERT MAAS

Some people take a roundabout way before reaching the career of their dreams. Gourmet chef Robert Maas is a case in point. He was already in his mid-twenties when the urge to change course coupled with his love of good food led him to abandon lecture-rooms and head for the kitchen. In his fine dining restaurant „EQUU“ he fascinates his guests with modern international menu creations which ensure an emotional and enjoyable experience for all the senses.



Monday | 25 September 2:00-5:00 pm | FORUM

SHOWCOOKING

RICCARDO MINI



Riccardo Mini, head of the METRO Academy Florence, inspires local restaurateurs every day with his creative ideas. With his passion for technical precision, coupled with an artist's extravagant approach, he creates innovative dishes and demonstrates how traditional Italian dishes such as pasta calamarata di gragnano IGP and tiramisù can be reinterpreted.

Tuesday | 26 September 2:00-4:00 pm | FORUM

DR. DANIEL DECKERS UND NIELS RATHJEN



„If I had to choose, I would pick a Rhine wine.“ Political and non-political debates about the world's best white wines, following the German Elections. A talk and discussion with

Dr Daniel Deckers, Frankfurter Allgemeine Zeitung and assistant lecturer at the Geisenheim University for the History of Wine-Growing and the Wine Trade; plus a wine tasting with Niels Rathjen, oenologist and Wine Category Expert, METRO Cash & Carry Germany.

Tuesday | 26 September 6:00-8:00 pm | FORUM

OLIVER RÖDER



In the Burg Flamersheim Landlust Gastronomy, head chef Oliver Röder provides a modern interpretation of German and Eifel cuisine. Specialities of regional German cooking are to be

created in an original, upbeat and imaginative manner. The influence of older dishes based on the recipes of past generations is still apparent here and there. For many visitors this will inevitably be a pleasant memory of „Grandma's cooking“!

Thursday | 28 September 1:00-3:00 pm | FORUM

JUAN AMADOR



Juan Amador discovered his passion for cooking at the age of 16. After working for various restaurants in Germany, he gained his first Michelin star in Luedenscheid. He is an avant-gardiste in the kitchen, but still „more a craftsman, not an artist“, he insists. With „Amador's Wirtshaus & Greisslerei“ in Vienna, he has risen from

0 to 2 Michelin stars. In 2018 he intends to win the third star for Vienna.

Thursday | 28 September 5:30-7:30 pm | FORUM

FLORIAN CONZEN

Beneath Düsseldorf's finest coffee ceiling, Florian Conzen and his team serve Düsseldorf's „most French“ cuisine. The dreams of every gourmet are satisfied by a menu which in-



cludes escargots, foie gras, oysters, frogs' legs, steak frites, roasted marrow bones and mousse au chocolat. Bordeaux, Burgundy and Beaujolais wines delight the palate – and of course champagne has a prominent place on the drinks menu. Today he is giving tips on cooking venison and other game.

Friday | 29 September 2:00-5:00 pm | FORUM

DANIEL DAL-BEN

Daniel Dal Ben began his career as a chef in the „Frankenheim“ brewery restaurant and the „Rolandsburg“ hotel restaurant. For the past 15 years the star chef has been running his own highly successful „Tafelspitz“ restaurant in Düsseldorf, where guests enjoy his creative, finely prepared delicacies.



Sunday | 1 October 2:00-5:00 pm | FORUM

TIM RAUE

From street kid to celebrated chef: Tim Raue is famed worldwide for his „experimental“ cuisine. Since the autumn of 2016, two-star chef Tim Raue has been a brand ambassador for METRO Cash & Carry Germany. Raue first began his career as a chef in 1997. In 1998 he was voted Rising Star of the Year by the renowned gourmet magazine „Der Feinschmecker“. In 2007 he gained his first Michelin star. In July 2010 he opened the „Tim Raue“ restaurant.



Monday | 2 October 3:30-6:00 pm | FORUM

ENTERTAINMENT

OPENING PARTY

Big opening party at the start of the „METRO unboxed“ exhibition featuring the new METRO.



Wednesday | 13 September 6:00-10:00 pm | FORUM & OUTDOOR

HELLO WEEKEND CLUB

The new METRO invites guests to get the weekend up and running with hot beats and cool drinks.



Friday | 15/22/29 September 7:00-10:00 pm | FORUM

SOPHIE

Since winning the Singer Songwriter Slam in Mönchengladbach in 2012, 20-year-old Sophie has been leading an exciting life. Lots of concerts with international stars, including Joscho

Stephan and Jon Gomm, three CD productions, plus a number of new song compositions. Modern finger style meets superb songwriting! Her standout features are her special guitar technique à la Ben Howard or Andy McKee, a gentle voice and self-composed English songs with a mixture of folk, pop and blues, in which she tells of her experiences and feelings.



Wednesday | 13 September 6:00-9:00 pm | FORUM

ALEX AMSTERDAM

Alex Amsterdam is a singer-songwriter based in Düsseldorf. Having given just under 800 concerts in Germany and abroad, he is one of the busiest musicians in his field! Full of boundless energy, the concerts he has undertaken together with Train, Maxim, Kettcar, Boyce Avenue, Tomte, Jupiter Jones and Gisbert zu Knyphausen have made him a major star on the music scene. His latest album „Come What May“ has been highly praised by the critics.



Thursday | 14 September 8:30-10:00 pm | FORUM
Saturday | 30 September 7:00-9:00 pm | FORUM

KARYN ELLIS

Canadian singer Karyn Ellis is a magnificent songwriter. With her incredible enthusiasm, she combines elements of folk, country, pop and jazz to create wonderful songs and stories which captivate her listeners and leave a lasting impact.

Friday | 15 September 7:00-10:00 pm | FORUM



ENTERTAINMENT

SPOT THE DROP



© Melanie Maier

Spot the Drop is an internationally famous juggler duo. With their way-out mixture of world-class juggling, odd movements, superb music and acrobatic humour, they create a world of their own. Artistry and top circus performance combine with subtle humour

and everyday Kafkaesque situations. The show is a balance between Old School and New School and involves balls, clubs, bags, cases and folding chairs – and ultimately has the audience calling for more!

Saturday | 16/30 September at 2:00 pm, 3:30 pm, 5:00 pm and 6:30 pm | OUTDOOR

ROBIN SOHO X HI-ONE & CHRIS TSHISUMPA



Robin Soho moves his listeners with deep-meaning songs such as „Freundschaft“ and „Bae“. His priority is authentic music that deals with deep emotions. But at the same time he exudes a relaxing „good life“ feeling and impresses his audience with an innovative combination of African sounds and rhythms

mixed with modern hip-hop elements.

Chris Tshisumpa is a dreamer who seeks to live out his dream: to invite people into his world through words and sounds. His unique music captivates his audience with its melancholy, acoustic sound.

Saturday | 16/23 September 7:00-10:00 pm | FORUM

CLAIRE DUCREUX

Claire Ducreux is an artist who does not confine herself to one art form. She speaks her own language – as a dancer, an actress and an interactive clown. What matters to her is communication and sharing emotions with her audience. „De Paseo“ tells of the meeting between a dancer who wishes to sit down

and a bench which simply won't remain still. An intense and humorous encounter!

**Sunday | 17 September
2:00 pm and 4:00 pm |
OUTDOOR**



JAGULAR

In his songs Jagular delights his audience by expressing the beauty of melancholy. The concept: Less is more – quiet tones merge with the stillness of space.

The sparse instrumentation and the sensitive singing of the 29-year-old Jan Becker enable his listeners to experience the songs in a particularly emotional manner.



Monday | 18 September 6:00-8:00 pm | FORUM

MARIE RAUSCHEN

Having interpreted a number of cover songs, Marie Rauschen wrote her own first song three years ago, entitled „Hautnah“ – a wonderful song which touches the heart immediately. The young artist's songs relate melancholic, yet also hopeful stories – about freedom, love and the quest for happiness. Seeing and hearing her on stage confirms that she internalises what she likes to sing about: feeling and living the moment.

**Tuesday | 19 September
6:30-8:00 pm | FORUM**



© Stephanie Wolff Photography

ENTERTAINMENT

THE LION AND THE WOLF



© Luke Bridgeman

With his quiet voice, The Lion and the Wolf's songs are delightful little folk numbers, often sung falsetto, mostly more gospel than pop, and never interpreted in a desperate bid for a mass-market arms-in-the-air refrain. His „The Cardiac Hotel“ is one of the most intimate, sad yet beautiful albums anyone will hear this year. An album that has no need to seek attention by exclaiming „HERE! HERE! HEAR ME!“. The listener is constantly drawn back to his songs as a matter of course.

**Wednesday | 20 September
6:00-8:00 pm | FORUM**

PLAYTRONICA



Playtronica breathes life into various objects and gives them unmistakable voices. An inventor's laboratory which uses technology in order to uncover the true potential of the material world. In this digital playground fruit and vegetables come to life – musically. With the electronic „Playtron“ device, any object can be transformed into a musical instrument. You touch something that is conductive – water, fruit or the human body – and control it with a computer or smartphone. The Playtronica team collaborates with institutions, curators, educationalists and artists and researches the in-

teractivity between persons and objects. The result is an unexpected cultural experience for a large target group.

**Friday | 22 September Workshop 11:00-11:40 am
22 September Concerts at 11:45 am, 5:00 pm, 6:00 pm
Saturday | 23 September Concerts at 11:00 am, 12:00 pm,
1:00 pm | FORUM**

STEFAN HONIG

Much has changed in the past few years for Stefan Honig, who originally launched HONIG as a solo project, following the first two albums and more than 300 concerts worldwide (including the United States and China). His live group has evolved into a band to which each member can contribute their own ideas. Since the band is taking a break, we are delighted to have a rare solo appearance by the winner of the Düsseldorf Music Prize 2015.



© Summer Düsseldorf

Friday | 22 September 8:00-10:00 pm | FORUM

KATE & PASI

Interpersonal relationships are the theme of the hand-on-hand acrobatic show of the KATE & PASI duo. How can a 50-kilogram woman get the better of a 100-kilogram man? And what is the relationship between such an unequal couple when they encounter each other? Who leads and who follows? The KATE & PASI duo literally juggles with relational elements and responds to questions about the pair's development with fascinating acrobatics, sensitiveness and a healthy dose of self-irony.



© Ray Palacios

**Saturday | 23 September at 2:00 pm, 4:00 pm and 6:00 pm |
OUTDOOR**

ENTERTAINMENT

LES DÉDÉ'S

© Groupe Démons et Merveilles



Who are these fairytale figures who go through the streets in pyjamas with dreamy faces? They are beings who sleep standing up – hence their name, taken from the French „Dormeurs Debout“: Les DéDé's.

They appear to have been dropped into the real world and are discovering their new surroundings with amazed

curiosity, innocence and naivety. Les DéDé's create their own world and with their honest, playful and cheerful manner draw the people they meet into this world. This interplay with reality gives rise to poetic moments, but at the same time there is still plenty of scope to enjoy a laugh together. A dreamlike experience for everyone!

Sunday | 24 September at 2:00 pm, 4:00 pm and 6:00 pm | OUTDOOR

KATE RENA & JAQUELINE RUBINO



Kate Rena is a superb power folk-pop singer. With her warm, multi-faceted voice and her fresh and cheerful manner, singer and songwriter Kate Rena Fleming, a resident of Düsseldorf, presents German and English texts

which touch both the heart and the mind. Her debut album in English entitled „First Steps Forward“ and the single with the same name came out in February 2017.

Born in Düsseldorf in 1993, singer and songwriter Jaqueline Rubino developed her interest in music while still a child. She gained fame locally with the „Tontalente“ format, in which she reached the final with her own composition and sang to a packed audience in Düsseldorf's Tonhalle. With her personal texts and her lyrical voice she made a deep impression and since then is regularly in demand all over Germany.

Monday | 25 September 6:00-8:00 pm | OUTDOOR

SAMUEL BREUER & FABIAN HAUPT

Samuel Breuer from Bonn presents everyday poetry in German, packaged in concise tunes and designed to make his audience thoughtful, emotional or highly amused. Amid the rap, which is full of sing-along tunes, are concealed texts with deep meaning which take root and inspire his listeners to delight in the joy of living.

During his music studies the singer and songwriter Fabian Haupt from Düsseldorf wrote his first German-language texts and produced his first album „Achterbahn“ (2015) in his own living-room. He financed his new EP „Einfach Geradeaus“ through crowdfunding and is now touring all parts of Germany with his music, striking a chord with the mindset and sound of the present age. The graphic imagery and joie de vivre in his stories create a joyous response in the minds of his listeners. Great mood music for heart and soul!



Friday | 29 September 7:00-10:00 pm | FORUM

HAKAN EREN

Hakan Eren is an art student and this is clearly reflected in his work. He creates large and small masterpieces with balloons: in fact he takes part in championships with his balloon art every year. He also happens to be a juggler, with the ability to fascinate both young and old.

**Sunday | 1 October
2:00-6:00 pm | OUTDOOR**



FAMILY DAY

During the „METRO unboxed“ exhibition, Sundays are Family Days with a special exciting programme for children. The friendly face painters decorate the faces of young and old with wonderful creative pictures. The kids can also look forward to a show by magician and balloon artist Christoph – and lots more. In short, a fun day for all!



Sunday | 17/24 September and 1 October 9:00-8:00 pm

The METRO unboxed exhibition and events are accessible to all visitors free of charge. Visitors are only required to register beforehand. Further information is available at www.metro-unboxed.de

If you have any questions, you can use the central telephone hotline 0211 6886-1840 or send an email to metroerleben@metro.de

Guests arriving by public transport

U-Bahn (Underground): Lines U74, U75, U76, U77, stop: Tonhalle/Ehrenhof

Bus: Line SB50, stop: Tonhalle/Ehrenhof

Guests arriving by car

There is practically no free parking in this part of the city.

Car park within walking distance: „Unteres Werft“, Robert-Lehr-Ufer, 40474 Düsseldorf.

Motorists coming from the direction of Neuss cross the Oberkasseler Bridge and can reach the Reuterkaserne Triangle quickly via Ratinger Strasse; motorists coming from the city centre follow Ratinger Strasse to the Reuterkaserne.

Motorists will pass a number of high-rise car parks in the Old City.

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